Your Massage or Bodyworks Therapy Checklist?

Physique have partnered with My Massage Mentor to offer you a complete guide to setting up your first premises. While there may be other things you need to add for your own specific therapy, this checklist should give you the basics to get started with and make sure you have what you need on your first day.

Furniture

- [ ] Massage / Treatment Table
- [ ] Therapy Stool
- [ ] Chairs (at least one)
- [ ] Shelves or Side Table

Therapy Supplies

- [ ] Massage Medium e.g. Wax, Lotion, Oil
- [ ] Wax Spatula
- [ ] Bolsters
- [ ] Therapy Equipment e.g. Ultrasound, Hot Stones etc.

Storage

- [ ] Filing Cabinet / Box Folder
- [ ] Plastic Containers
- [ ] Hangers / Coat Rack

Stationary

- [ ] Pens
- [ ] Clipboard
- [ ] Appointment Cards

Linens/ Paper Goods

- [ ] Couch Roll
- [ ] Couch Covers
- [ ] Large Towel
- [ ] Hand Towel
- [ ] Tissues

Cleanliness

- [ ] Liquid Hand Soap
- [ ] Paper Towel
- [ ] Surface Cleaner
- [ ] Rubbish Bin & Liners

Possible Extras

- [ ] Anatomy Posters
- [ ] Artwork / Pictures
- [ ] Mirror
- [ ] Music e.g. CD Player or Online Music
- [ ] Fleece Covers
- [ ] Blanket
- [ ] Card Machine / Payment Method

PhysiQue®

my massage mentor